

SCPA Quarterly Newsletter

The Suffolk County Psychological Association is proud to resume publication of the quarterly newsletter, and we'd love your contributions. We'd love to hear more about your favorite psychologists, past and present, new areas of research, recent studies, media reviews, and more.

Email the SCPA with your ideas

Upcoming Workshops

Join us for our monthly workshops. Included in premium membership, workshops typically provide 3 NYS-approved CEs. Non-premium member price is \$43. Non-member price is \$73. Workshops are typically held on the 1st Friday of the month, 7:15-9:15pm, unless otherwise specified.

- November 16, 2023, *Thursday* - [Professional Wills and Succession Planning for your Practice](#) (** Not CE-granting)
- December 1, 2023, 6:30-9:30pm - [Professional Ethics, Morality, and Values: Ethical Practice in Clinical Psychology](#) - a 3-hour CE-granting workshop

Stayed Tuned

Tuesday November 28, 2023, 3:00-4:00pm

**This course does not offer CE credits

Germaine Allison, PhD., chair of the school psychology committee, is collaborating with Eastern Suffolk BOCES to cohost a workshop on the [LISELF](#) website, where Schools & Mental Health Organizations from Long Island, New York share Mental Health and Wellness Initiatives.

Click To Learn More About Past and Present Workshops



Independent Practice Committee

The IPC is back in-person! When there is enough interest, the IPC will alternate in-person and virtual monthly meetings. Join Dr. Donna Thiele and fellow members of the SCPA.

- Friday Dec. 1, 11am-12pm virtual meeting topic:
Affording therapy

All are encouraged to come on screen wearing their ugly holiday sweaters!

[Register here](#)



Meet the Board

Thomas DiBlasi, PhD. is the current SCPA president. He received his PhD in Clinical Psychology from Hofstra University. Dr. DiBlasi is an Assistant Professor at St. Joseph's University where he teaches undergraduate students, and researches anger, aggression, intimate partner violence, and revenge. He has given more than 50 presentations locally, nationally, and internationally, and has over ten publications, predominantly focusing on anger and aggression. Dr. DiBlasi is on the leadership committee for the special interest group of Forensic and Externalizing Behaviors of ABCT. During his free time, Tom enjoys football, working out, and spending time at his firehouse, where he is an officer. See his welcome letter [here](#).

The board meets virtually monthly, every first Friday, from 5-6:30pm. All members are welcome to attend.

Please email the administrator
if you'd like to join a board meeting.

Did You Know...

Did you know that the SCPA is a regional affiliate of both the [APA](#) and NYSPA? Take a moment to check out the [NYSPA](#) website to learn more about their free referral service, professional development events, and other benefits.



Media Review

If you haven't yet seen this wholesome teenage series, set aside a weekend to dive in. Heartstopper gracefully explores the complexities of love, friendship, and identity. Adapted from Alice Oseman's popular webcomic and graphic novel, the show follows the blossoming romance between two high school boys as they navigate the challenges of coming out, self-acceptance, and the ups and downs of adolescence. The rare inclusive portrayal of LGBTQ+ relationships will leave you with a smile on your face and a warm feeling in your heart. Consider binging this show as professional development for anyone who works with children, teens, or parents.

[Read More](#)



Outreach and Events

Stony Brook Village tree decoration: this year the tree will highlight global mental health by displaying related words in all of the languages that represent our SCPA community. Look out for an email for your chance to contribute.

SCPA will also be participating in the 2nd annual Half Hollow Hills Mental Health Awareness Day on January 27, 2024, with a table sharing our resources to the public and some of our members presenting workshops for the community. Stay tuned for more information on the event and how you can participate.

[Email for more information or to get involved](#)

President: Thomas DiBlasi, Ph.D.
President-Elect: Beth Hollander, Ph.D.
Past President: Danielle Zito, Psy.D.
Treasurer: Jessica Cannone, Psy.D.
Recording Secretary: Melissa Schroeder, Psy.D.

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